

## USE OF TECHNOLOGY IN ENGLISH LANGUAGE TEACHING AND LEARNING

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**Annotation:** *Increasing proficiency in speaking English can improve your ability to communicate, particularly in today's globalized society when it is used to bridge cultural and professional divides. This guide will help you speak English more confidently and fluently.*

**Key words:** *Fluency and confidence, vocabulary expansion, language goals, daily practice, thinking in English, pronunciation improvement, recording speech, listening skills, English clubs ,real-life practice, patience and persistence, language exchange, sentence structure, native speakers, English content consumption, speaking fluently communication skills, learning process, language mastery.*

*Set clear goals.* Explain your motivation for wanting to get better in English. Having a defined goal keeps you motivated, whether it's for social, intellectual, or professional advancement. Begin with small, achievable objectives, such as having a five-minute chat, then work your way up to larger ones. *Expand your vocabulary.* Increase Your Word Count A language's vocabulary is its foundation. Every day, practice new words and attempt to use them in sentences. To increase your vocabulary, use apps, flashcards, or even just writing words down in a journal. Gaining knowledge of idioms and phrases will also help you speak more naturally. *Practice speaking regularly.* Have discussions with loved ones, friends, or coworkers. Additionally, you could look for online language partners or join

language exchange clubs. Errors are a necessary part of learning, so don't be scared of them. Regular practice improves fluency and develops speaking muscle memory. *Think in English.* Try to think in English rather than translating from your mother tongue. This will help you react faster and with less hesitation. Begin by brainstorming basic English sentences such as "I have to go to the store" or "What should I make for dinner today?" This practice will help you become more comfortable speaking English over time.

*Use English daily.* Make English a part of your everyday life. Read news articles, watch English-language films, listen to podcasts, or follow English-language YouTube channels about subjects that interest you. Your vocabulary, pronunciation, and comprehension will all automatically increase as you interact with English-language content. *Work on pronunciation.* Pronunciation improves clarity and gives you a more fluid voice. Listen to native speakers and imitate their intonation and accent to get better. You can learn and practice how words are spoken in various settings with the aid of apps and websites like YouGlish or Forvo. *Record and listen to yourself.* Making a video of oneself is a great method to pinpoint areas that need work. After a few minutes of speaking on a particular subject, listen to the tape. Take note of any pauses or mispronunciations. To work on sounding more confident and smooth, rerecord yourself. *Expand your listening skills.* Just as important as speaking is listening. You will learn more about pronunciation, sentence structure, and expressions the more you listen to people who speak English fluently. To increase your comprehension of the language, try listening to people with a variety of accents, such as American, British, Australian, etc. *Join English speaking clubs or groups.* There are English-speaking groups in many locations and online where you can practice in a relaxed environment. Speaking with a group on a regular basis gives you practical experience, increases your self-confidence, and enables you to get helpful criticism. *Be patient and persistent.* The process of becoming fluent in English takes time. Don't let sluggish progress or setbacks deter you. Celebrate little victories, such as mastering a difficult word or finishing a conversation without hesitation. You will continue to

get better over time if you are persistent.

**Conclusion:** Although it takes commitment to master English speaking, you may become proficient and self-assured with the correct techniques. You can speak English effectively and confidently if you have clear goals, practice every day, interact with the language, and have patience. Keep in mind that practice makes perfect and that you will become more proficient with every interaction.

### **References**

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