

THE IMPORTANCE OF SELF-STUDY SKILLS IN LEARNING ENGLISH LANGUAGE

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Annotation: *Self-study skills are incredibly important when it comes to learning the English language. While attending classes and working with a teacher is beneficial, the majority of the learning process happens outside of the classroom. Developing strong self-study skills can greatly enhance your language learning experience and help you make significant progress in a shorter amount of time.*

One of the key benefits of self-study skills is that it allows for personalized learning. Every student is different, with their own unique strengths and weaknesses when it comes to language learning. By taking the time to identify your specific needs and preferences, you can tailor your self-study sessions to focus on areas that require improvement. For example, if you struggle with vocabulary retention, you can dedicate extra time to memorizing new words and phrases. If you find grammar to be challenging, you can work on exercises and quizzes to strengthen your understanding of the rules.

Self-study skills also promote independent learning and critical thinking. When you are able to study on your own, you are taking control of your own learning journey. This means you can set goals, track your progress, and make decisions about what materials and resources are most effective for you. By engaging in self-study, you are also developing critical thinking skills as you evaluate your own learning strategies and techniques. This ability to think critically about your learning process is invaluable and will serve you well in all areas of your life.

In addition, self-study skills help to build self-discipline and motivation. Learning a

new language can be challenging and requires dedication and perseverance. By developing strong self-study skills, you are cultivating the discipline needed to stay focused on your goals and make consistent progress. Setting aside time each day for self-study, even when you may not feel like it, instills a sense of responsibility and commitment to your learning journey. Furthermore, seeing tangible progress in your language skills can be incredibly motivating and can drive you to continue working towards fluency.

Self-study skills also encourage active engagement with the language. When you are studying on your own, you have the opportunity to engage with the language in a more hands-on way. This can include practicing your speaking and listening skills by engaging in conversations with native speakers, listening to podcasts, or watching movies and TV shows in English. It can also involve writing essays, journal entries, or creative pieces to practice your writing skills. By actively engaging with the language in these ways, you are reinforcing what you have learned in the classroom and strengthening your language skills overall. Furthermore, self-study skills allow for flexibility and adaptability in your learning process. One of the challenges of traditional classroom learning is that it may not always cater to your specific needs and learning style.

By engaging in self-study, you have the freedom to choose how and when you study, as well as what materials and resources you use. This flexibility allows you to adapt your learning approach to suit your preferences and make adjustments as needed. For example, if you are struggling with a particular concept, you can spend extra time on that area until you feel confident in your understanding.

Conclusion

In conclusion, self-study skills are essential for learning the English language effectively. By developing strong self-study skills, you can personalize your learning experience, promote independent learning and critical thinking, build self-discipline and motivation, actively engage with the language, and enjoy flexibility and adaptability in your learning process. With dedicated self-study and consistent practice, you can make significant progress in your language skills and work

towards fluency in English.

The list of used literature

1. Istamova Shohista RECENT TRENDS AND ISSUES IN ENGLISH LANGUAGE TEACHING "Экономика и социум" №4(107) 2023. ISSN 2225-1545
2. Istamova Shohista THEORETICAL BACKGROUND AND CURRENT ISSUES IN ENGLISH LANGUAGE LEARNING American Journal of Research in Humanities and Social Sciences//2023-146-149p. ISSN (E): 2832-8019
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4. <https://goo.gl/images/TBg8c7>
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